CPYD
COMMUNITIES FOR POSITIVE YOUTH DEVELOPMENT

CPYD Newsletter

FEBRUARY 2018

SCHAUMBURG · PALATINE · HOFFMAN ESTATES · ELK GROVE TOWNSHIP · HANOVER PARK

OUR MISSION

To organize, educate, and engage the community to prevent youth substance use and other harmful behaviors.

YOUTH ADVISORY COUNCIL (YAC)

District 211 YAC
Call or text:
(224) 300-4YAC

Elk Grove High School YAC
Call or text:
(224) 366-7656

Springwood Middle School YAC
Contact Ms. Marisa Struyk

For more information on the CPYD Youth Advisory Councils, please email:
cpyd.yac@gmail.com

CPYD

For more information about CPYD, contact:
Sherrine Peyton,
Prevention Manager
sherrinep@kennethyoung.org
(847) 285-4520

Connect with us at:
www.cpydcoalition.org

Or on Facebook and Twitter:

cpydcoalition

@CPYDCoalition

CPYD is funded by the Kenneth Young Center.

Kenneth Young Center

For more information about KYC, please visit:
www.kennethyoung.org

Funding provided in whole or in part by the Illinois Department of Human Services (IDHS), the Office of Adolescent

KYC's Substance Abuse Prevention Grants Launch Opioid Awareness Campaign

In Illinois, prescription pain medication overdose deaths doubled between 2013 and 2016. Prescription pain medications have benefits and risks. Understanding how to safely use them is key to avoiding serious side effects or addiction. This year, Kenneth Young Center's Substance Abuse Prevention Programs will be implementing a communication campaign to educate the public on the safe usage and disposal of prescription pain medications in Schaumburg, Hoffman Estates, Palatine, and Elk Grove Township.

Each month, CPYD will be distributing and promoting a different set of posters featuring relevant prevention messages. With the help of our community partners, the coalition and Kenneth Young Center's Positive Youth Development (PYD) team aim to use the communication campaign to spread awareness of problems associated with prescription pain medication misuse and to provide information on proper prescription pain medication disposal. The first round of posters will be delivered to distribution locations at the end of February. Be on the lookout for the posters around the community, and please contact cpyd.coalition@gmail.com if your organization, or any others that you know of, are interested in receiving future communication campaign materials!

YAC Leaders attend the Cebrin Goodman Teen Institute Mid-Year Conference

This past January, members of the CPYD Youth Advisory Councils (YAC) members from District 211 and District 214 traveled to Normal, Illinois for the annual Cebrin Goodman Teen Institute Mid-Year Conference. The event is an opportunity for students to learn about leadership, healthy choices, and working together to create better communities. One YAC member had this to say about the event:

"Where do I begin? The YAC has taught me a lot during the several meetings I've come to. I've learned to communicate more with a diverse age group; I've opened up to being the real person I always wanted to be amongst my peers. However, I wasn't always as positive and vigilant as I am now. A month prior, the YAC leaders accompanied by Mr. Galarza and Ms. Barrett went to this extraordinary adventure to what was called the CGTI, a teenage institute in which young teens like myself meet from different schools and locations in Illinois to learn and educate each other on the importance of leadership. I had the honor to meet and make new friends from different districts and have conversations I knew wouldn't have started if I had held back on going on that 2-4 hour journey. The YAC is not only a club at Elk Grove High School, but a home. My home. I fondly look forward to all the goals and achievements we have yet to accomplish and the new faces I have yet to see creating them with us."

— Keren: student at Elk Grove High School, first year YAC member

PARTNER HIGHLIGHTS

PYD Helps Palatine Paint the Town Green!

On Saturday, March 17th at 11:00am members of the PYD team will join the St. Patrick's Day activities to distribute treats and our Social Host awareness & communication campaign messages to reduce underage drinking. Come out for the parade and other festivities including an Irish Market and scavenger hunt throughout the Palatine Community!

Save the Date: A Stage Shared Around the World

On Saturday, April 7th, 2018 the District 211 YAC will be hosting a cultural awareness night at the Trickster Art Gallery. The event will take place from 1-4pm and is an opportunity for people from all around the community to come together and share their talents! Click **here** to read more about the event on our website.

2017 - 2018 Coalition Meetings

10 a.m. - 12 p.m.
Trickster Art Gallery

- September 27, 2017
- November 15, 2017
- January 24, 2018
- March 14, 2018
- May 16, 2018 (6 - 8 p.m.)

Interested in more information? Email us at: cpyd.coalition@gmail.com

KEEPING UP WITH REPRODUCTIVE HEALTH

The Teen Pregnancy Prevention (TPP) grant is going strong, with implementation happening in four schools this quarter. Implementation includes both Making a Difference, the middle school curriculum, and Making Proud Choices, the high school curriculum. Teacher and student feedback has been overwhelmingly positive, as both curricula include popular activities encouraging discussion about topics such as abstinence, peer pressure, pregnancy prevention, healthy relationships, and STD prevention.

For more information on TPP programming please email:
Kim Cavill, kimc@kennethyoung.org

CONGRATS TO OUR YOUTH ADVISORY COUNCIL (YAC) MEMBERS!

Between planning National Prevention Week activities (mark your calendars, SAMHSA's next National Prevention Week will take place May 13-19th) and attending the Cebrin Goodman Teen Institute (CGTI) Mid-Year conference, the Elk Grove High School and District 211 YACs have been busy this year! Below, a District 211 YAC member reflects on her time at the CGTI conference:

"Before the Mid-Year Conference, I hadn't ever been involved in anything with the Cebrin Goodman Teen Institute or Operation Snowball before, so I didn't know what to expect when I signed up to attend Mid-Year. Walking into the Marriott Hotel, within the first 30 seconds I was already blown away by the vibrant energy all around me. Every single person looked so happy to be there and so passionate about CGTI. They accepted all of the newcomers with open arms and I immediately began to feel like part of the community. It felt as if we were one huge family. The workshops were incredible and I took away several lessons about becoming a leader and igniting my passions. I continue to use what I learned in the workshops every day. When we met with our Community Action Teams, we used the time to compile ideas and plans to make our neighborhoods back home safer and healthier. I found the teams to be an organized and productive way of generating future projects for our Youth Advisory Council back home. Although I was sad to see Mid-Year end, I left the conference with better leadership skills, a plethora of ideas to make our communities better, and memories with great people." —*Emily: student at Palatine High School, YAC member*

ILLINOIS YOUTH SURVEY

The IYS is a free, anonymous, and optional survey intended to gather information about the use of drugs, violence, bullying, depression, and other health and social indicators. The Positive Youth Development (PYD) Program relies on the data provided by the IYS results for grant funding, program improvement, and strategic planning.

We are thrilled to report that 100% of the schools serving 8th-12th grade students in Schaumburg, Hoffman Estates, and Palatine, as well as Elk Grove High School, have registered to administer the IYS!

We would like to thank our community partners who have advocated for schools in Districts 15, 54, 211, and Elk Grove Township to participate in 2018. The next step is to make sure that surveys are completed with high validity rates, with the goal being at least 70%. By encouraging schools to follow the survey instructions and proctor guidelines, we can meet our goal! PYD Staff are also offering in-school support and resources to each district to help make the IYS as seamless as possible. If you would like to learn more, contact PYD or visit https://iys.cprd.illinois.edu.