

ADULT SMART RECOVERY

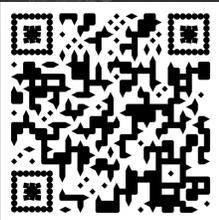
SMART Recovery can help if you are in need of support with:

- Addictive behaviors
- Substance use
- Coping strategies
- Building a healthier lifestyle

We meet virtually on

SATURDAYS from 10:00am to 11:30am

Register at cpydcoalition.org/smart-recovery
or scan the QR code below.



Scan or take a picture
of the QR code above

Questions?

Email recoveryresources@kennethyoung.org
or call (224) 229-7456

These services are funded in full or in part through a State Opioid Response (SOR) grant (T1081699) to the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery (IDHS/SUPR) from the US Department of Health and Human Services, Substance Abuse and Mental Health Services (NHS/SAMHSA).

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