

# YOUTH SMART RECOVERY

SMART Recovery can help if you are in need of support with:

- Addictive behaviors
- Substance use
- Coping strategies
- Building a healthier lifestyle

We meet virtually on

**THURSDAY from 4:30pm to 5:30pm**

Register at [cpydcoalition.org/smart-recovery](http://cpydcoalition.org/smart-recovery)  
or scan the QR code below.



Scan or take a picture  
of the QR code above

Questions?

Email [recoveryresources@kennethyoung.org](mailto:recoveryresources@kennethyoung.org)  
or call (224) 229-7456

These services are funded in full or in part through a State Opioid Response (SOR) grant (T1081699) to the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery (IDHS/SUPR) from the US Department of Health and Human Services, Substance Abuse and Mental Health Services (NHS/SAMHSA).

**CPYD**  
COMMUNITIES FOR  
POSITIVE YOUTH  
DEVELOPMENT

 **Kenneth  
Young  
Center**